



**Fitness Classes  
Registrations and No Call/No Show Policy**

**Registering for class:**

1. Per the Arkansas Department of Health each class has a maximum capacity.
2. Call or come by the front desk to register for a class.
3. Registrations can begin 23hrs 50mins prior to class.
4. Registrations are on a first-come, first-served basis.
5. Patrons may only register for one class at a time.
6. Arrive and check-in with front desk staff. Please make sure to inform staff which class you are attending.

**Cancellations:** If you're unable to attend a class you registered for.

1. Please call or stop by the front desk and cancel your class registration a minimum of 30 minutes prior to class. Calling early gives our staff plenty of time to call the people on waiting list and allows them time arrive for class on time. We will call the waiting list in the order that they were placed on the waiting list.
2. Failure to call and cancel a fitness class will result in penalties. Penalties will be assessed as follows:
  - 1<sup>st</sup> offense – Warning, verbal in person or by phone.
  - 2<sup>nd</sup> offense – No classes for 1 week. Fitness class missed.
  - 3<sup>rd</sup> offense – No classes for 2 weeks. All fitness classes.
  - 4<sup>th</sup> and final offense – No classes for a month.