



TOGETHER EVERYONE ACHIEVES MORE

November 2020 Update

CABOT, Arkansas. (October 30th, 2020) –The Cabot Parks & Recreation Department and Commission would like to give our members an update for the month of November.

Fitness & Aquatic Class Schedules:

- November schedules are out. Please [click here](#) to view the schedules.

CLASS REGISTRATION/SIGN-UPS ARE REQUIRED!

If you are interested in taking a fitness or aquatic class, please do the following:

1. Register (starting 24 hours prior to class time, by phone or in-person)
 2. Check-in (make sure to tell front desk staff which class you are here for. This allows us to verify those who signed up and showed up, make sure class size is at capacity, and if needed, helps contact tracing purposes.)
- If you register for a class and are unable to attend, please call in and inform the front desk staff so we can fill the class.
 - If a class is full when you call or stop by the front desk, you have the option to be placed on the waiting list. If a registered participant calls in and cancels their registration or does not show (after 5mins) then those on the waiting list will be contacted in the order they were placed on the list.
 - Waitlisted participants, please wait at the front desk until you are notified whether you will be allowed into class.
 - Classes limits are as follows:
 - 12 max in the upstairs room, 6 max in barre & cycling, and 12 max in aquatic fitness classes

Thank you for your cooperation!



Baby Bumble Bees and Busy Bees are BACK!

Ages 1-2yrs: 10a | **Ages 3-5yrs:** 10:45a

Free with FAMILY membership

\$3 per child for non-FAMILY member or guest

Check-ins and temperature checks are required and must be done at the front desk.



Stay in touch!

**TEXT CABOTCC
TO 52236**

POLICY

REMINDER

Masks must be worn throughout the facility unless you are actively exercising.

Chat with friends but wear your face masks and maintain a 6ft social distance.

PICKLEBALL

1 court is open for play. Reserve the court by calling in or stopping by the front desk.

HOLIDAY SCHEDULE

The CC is open on the following:

- Thurs., Nov. 26th, (7am - 10:30am.) No fitness classes, no childcare. Happy Thanksgiving!
- Fri., Nov. 27th, 7am - 6pm. Morning childcare as scheduled.

Black Friday Fitness

Schedule:

- 8:30am Barre Cardio Fusion
 - 9:30am Pure Cycle
 - 8:30am CardioDanceParty
 - 10:30am Active Adult Cardio PLUS
 - 4:45pm Zumba Toning
- All other classes are canceled.**





YOUTH BASKETBALL REGISTRATION IS NOW OPEN!

October 22nd – November 29th

Cost: \$115 per player (Includes all gate fees, jersey, and shorts.)



Day passes are now being sold. Day passers must be 16 years and older, present a state issued photo ID, provide their phone number, and answer the COVID-19 questionnaire.

For more information, please contact the front desk.

Thank you for your assistance and your continued patience.
Cabot Parks Staff

NOW
registering
FOR
SWIMMING
LESSONS

#cabotparks

CITY OF CABOT, ARKANSAS
PARKS&REC
TOGETHER EVERYONE ACHIEVES MORE

Thanksgiving
HOLIDAY HOURS:
THANKSGIVING DAY
7AM - 10:30AM
* CHILD CARE NOT AVAILABLE ON
THANKSGIVING DAY.
FRIDAY, NOVEMBER 27TH
7AM - 6PM
* MORNING CHILD CARE
AS SCHEDULED.

CITY OF CABOT, ARKANSAS
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CABOT
SPORTS

CITY OF CABOT, ARKANSAS
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KEEP UP WITH
Cabot Sports!

- text **CPRVOLLEYBALL** to **52236**
- text **CPRSOCCKER** to **52236**
- text **CPRBASKETBALL** to **52236**
- text **CPRBASEBALL** to **52236**
- text **CPRSOFTBALL** to **52236**

WWW.CABOTPARKS.COM