

Black Friday Fitness

The Center is OPEN 7am – 6pm

11-27-2020



8:30am Barre Cardio Fusion – Courtney

9:30am Pure Cycle – Meagan

8:30am CardioDanceParty – Krista

10:30am Active Adult Cardio PLUS – Kim

4:45pm Zumba Toning – Melissa

Morning childcare as scheduled.

All other group fitness classes are canceled.