



Weight Room Monitor
Job Description

Department: Parks and Recreation
Reports To: Community Center Director

Summary

The Weight Room Monitor is under the direct supervision of the Community Center Director. The Weight Room Monitor is responsible for the appropriate use and cleanliness of all equipment and the Fitness Center. Additionally, all Veterans Park Community Center employees are required to provide a welcoming, service oriented environment for participants at all times.

Duties and Responsibilities include the following:

- Must be able to work all scheduled shifts, with strict attention to being on time.
- Monitor activity participation in the Fitness Center.
- Understand, adhered to and educate patrons and enforce rules and regulations regarding safe and proper use of the equipment and facility.
- Routinely circulate the area and ensure the proper safety practices by users in the Fitness Center.
- Understand and demonstrate proper equipment use.
- Clean and “wipe down” all equipment on a regular basis as scheduled with documentation
- Prepare incident and injury reports when appropriate.
- Respond to, and follow, all emergency procedures.
- Provide friendly, upbeat customer service environment at all times.
- Other duties as assigned.

Requirements include the following:

- High School Diploma or GED.
- 18 years of age or older
- Must be able to work mornings and evenings.

The duties listed above are not intended to be all-inclusive. An employee may also perform other reasonable related business duties as assigned by his/her immediate supervisor. This position is considered non-exempt.

Full job description can be obtained from Cabot Parks and Recreation.